



**THE UNITED REPUBLIC OF TANZANIA
MINISTRY OF EDUCATION, SCIENCE AND TECHNOLOGY
NATIONAL EXAMINATIONS COUNCIL OF TANZANIA**



**CANDIDATES' ITEM RESPONSE ANALYSIS
REPORT ON THE ADVANCED CERTIFICATE OF
SECONDARY EDUCATION EXAMINATION
(ACSEE) 2025**

118 PHYSICAL EDUCATION

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FOREWORD

The National Examinations Council of Tanzania (NECTA) presents Candidates' Item Response Analysis (CIRA) report on the Advanced Certificate of Secondary Education Examination (ACSEE) for 118 Physical Education Subject in 2025. This summative evaluation report provides feedback to all educational stakeholders on the factors that affected the candidates' performance.

The report indicates that, generally, the candidates' performance was good since all 17 candidates (100%) passed. Moreover, the analysis of performance on each topic shows that the candidates had good performance on three topics, average performance on one topic and weak performance on three topics.

The report highlights the candidates' performance on each question examined. The analysis indicates that candidates who performed well provided appropriate responses, as they were able to identify the requirements of each question. They also demonstrated a good understanding of the subject matter and a good mastery of English language. Furthermore, the analysis reveals that some candidates did not perform well on certain questions due to various challenges. These challenges include; insufficient knowledge, difficulty in interpreting the requirements of the questions and limited proficiency in the English language.

The National Examinations Council of Tanzania expects that educational stakeholders will use the feedback and recommendations provided in this report to enhance teaching and learning, thereby improving candidates' performance in the future examinations.

Finally, the National Examinations Council of Tanzania wishes to express its sincere gratitude to all Examination officers and other stakeholders who provided valuable support during the preparation of this report.



Prof. Said Ally Mohamed

EXECUTIVE SECRETARY

1.0 INTRODUCTION

This report provides an analysis of candidates' performance in the Physical Education subject on the 2025 Advanced Certificates of Secondary Education Examination (ACSEE). The examination evaluated the knowledge and skills acquired by the candidates at the Advanced Level of Secondary Education. The Physical Education examination was prepared in accordance with the 2022 Examination Format and the 2010 Physical Education syllabus.

The examination paper consisted of 10 questions which were divided into two sections, A and B. Section A comprised 7 short-answer questions, each question carrying 10 marks, the candidates were required to answer all the questions. Section B consisted of 3 essay questions, from which the candidates had to answer 2 questions, with each question carrying 15 marks.

A total of 17 candidates sat for the 118 Physical Education examination in 2025, all of whom (100%) passed. In 2024, 28 candidates sat for the examination, and all (100%) passed. This consistent performance reflects a sustained 100 per cent pass rate in both 2024 and 2025.

The analysis of the candidates' performance on each question indicating the question requirements and how the candidates responded. Additionally, extracts of candidates' responses have been included to illustrate specific cases.

In evaluating performance for each question, candidates' results are classified as good, average, or weak. A passing grade for each question is set at 35 per cent of the total allocated marks. Candidates scoring from 60 to 100 per cent are categorised as good, those scoring from 35 to 59 per cent as average, and those scoring from 0 to 34 per cent as weak. The analysis of candidates' performance is visually represented in charts, with red indicating weak performance, yellow average performance, and green indicating good performance. Lastly, the report concludes with findings and recommendations.

2.0 ANALYSIS OF THE CANDIDATES' PERFORMANCE IN EACH QUESTION

This part analyses the performance of candidates in each question for both sections A and B.

2.1 Section A: Short Answer Questions

In this section, candidates were required to answer all seven questions briefly. Each question worth 10 marks, hence a total of 70 marks.

2.1.1 Question 1: Management and Administration of Sport

In this question, the candidates were asked that "Suppose you are assigned to organize an interclass sports competition, describe five important participants you would involve to make the competition successful". This question aimed to assess the candidates understanding about the organization and administration of sports activities.

The question was attempted by 17 (100%) candidates. Among them, 15 (88.24%) candidates scored from 0.0 to 3.0 marks which is weak performance. Moreover, 01 (5.88%) candidate scored 4.0 marks indicating average performance and one candidate, (5.88%) scored 9.0 marks indicating good performance. The general performance of candidates in this question was weak as 11.76 per cent scored from 3.5 to 10.0 marks. Figure 1 depicts candidates' performance in this question.

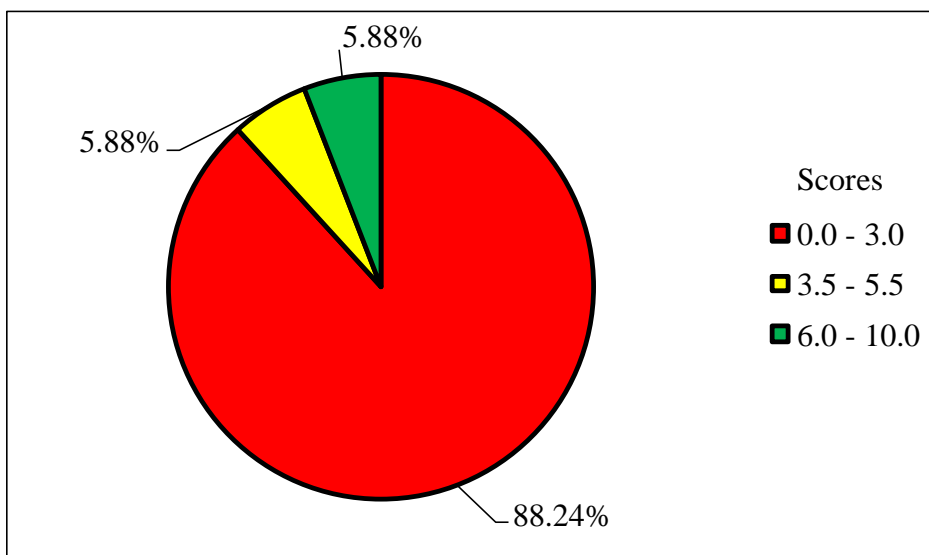


Figure 1: Candidates' Performance on Question 1

The analysis of candidates' performance shows that 88.24 per cent of the candidates who had weak performance in this question failed to identify the requirements of the question and had inadequate knowledge about the subject matter which led them to provide irrelevant responses. For instance, one candidate explained qualities of the participants instead of explaining important participants to be involved in order to make the interclass sports competition successful. Such responses were: *skilled one, physical fitness, mental fitness, have teamwork with others and good manner.*

Another contributing factor to weak performance was misconceptions of the terms used in the question. For example, one candidate misinterpreted the word "important". Consequently, he/she provided explanations of the important things to consider when preparing interclass sports competition. Such responses were: *Good facilities, training and support.*

Lastly, the candidate's insufficient proficiency in English language appears to have hindered their comprehension of the question, resulting in responses that did not address the intended requirements. Extract 1.1 shows a sample of incorrect responses on question 1.

1a)	It improved the good skills; Participation of the competition successful helped the players to enhance better technique that help to improved their performance. This is the process is the crucial role for building the player in mental and physical status.
b)	It provide the cooperation with other fellow participants; This is the process the players have participants in different competition help to building friendship among the players. This is the process help to improved the team works and cooperation among the players.
c)	It promote peace and solidarity among the team players; This is the process the participation of the player in the different of games helps to improves peace, harmony and security among the teams players and other organization of sports.
d)	It boost the good performance of the players; This is the process the participation of the players of different teams helps to enhance the individual players the improvement of good performance in the game. This is the process help to increase the many talented players.
e)	It prepares the players its self; This is the process the participation of the players in the different competition help the individuals or teams its self to perform the games in the good technique that have enables to play the game very wonderful.

Extract 1.1: A Sample of Incorrect Responses to Question 1

In Extract 1.1, the candidate provided benefits of participating in interclass sports competition instead of describing important participants to be involved in order to make the interclass sports competition successful.

Furthermore, the analysis of the candidates' responses indicates that, only one candidate (5.88%) achieved an average performance in this question. This shows that the candidate identified the requirements of the question but he/she had partial knowledge about the organization and administration of sports activities.

Moreover, the analysis revealed that one candidate (5.88%) who scored 9 marks, identified the requirements of the question and had adequate knowledge about important participants needed in sports. He/she effectively described five important participants to be involved in order to make the interclass sports competition successful. Extract 1.2 provides a sample of the correct responses from a candidate.

1	The following are the important participants to be involved
1	Leaders: In order to arrange competition there must be a leader who lead the other participants in arranging competition.
	Players: In order competition to occur players must be involved and they are most important participants.
	Manager: Also manager is one among the important participants for arrange and Organise the competition.
	Administrator: This participant has function as Admin, that should provide information to the players that come from leaders.
	Fans: Are the kind of participant with the function of an audience at competition and motivate players.

Extract 1.2: A Sample of Correct Responses to Question 1

In Extract 1.2, the candidate provided relevant important participants to be involved in order to make the interclass sports competition successful.

2.1.2 Question 2: History and Development of Physical Education (Adapted Physical Education)

In this question, the candidates were required to describe five ways of including children with disabilities in physical activities. This question tested the candidates understanding on the ways of including children with disabilities in physical activities.

A total of 17 (100%) candidates responded to the question. The analysis of the candidates' performance shows that 14 (82.35%) candidates scored from 0.0 to 3.0 marks, indicating weak performance. 02 (11.76%) candidates scored from 3.5 to 5.5 marks, which is an average performance and one candidate (5.89%) scored 6 marks which is good performance. The general performance in this question was weak as 17.65 per cent of candidates scored from 3.5 to 10.0 marks. Figure 2 depicts candidates' performance in this question.

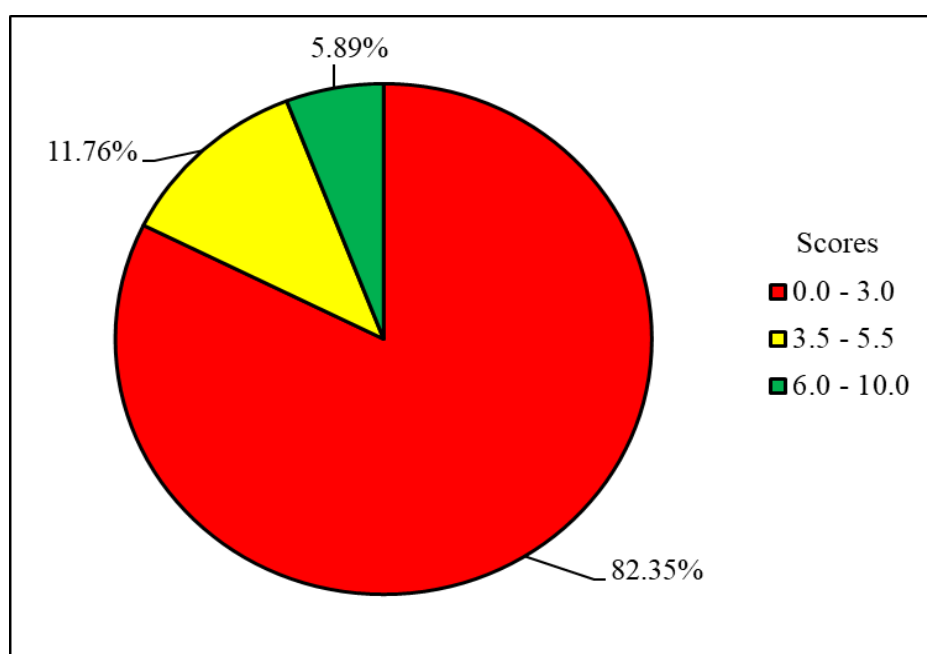


Figure 2: *Candidates' Performance on Question 2*

The analysis of candidates' performance shows that those who had weak performance (82.35%) failed to identify the requirements of the question hence provided irrelevant responses. For instance, one candidate explained about factors affecting players' performance in sports instead of describing

ways of including children with disabilities in physical activities. Such responses were: *poor health, bad equipment and facilities, poor warm up and cool down, injury, lack of balanced diet and lack of confidence*. Others wrote components of health and performance related physical fitness. Such as: *performing of strength activity, performing endurance activity, performing agility, speed and power*. Likewise, one candidate wrote physiological responses and challenges during physical activity or sport performance which were: *deficiency of oxygen, heart rate, muscle cramp and dehydration*.

Lastly, poor command of English language was another contributing factor to candidates' weak performance in this question as it hindered their ability to express themselves. This was demonstrated by some of the candidates who wrote some correct ways of including children with disabilities in physical activities but their explanations were meaningless or grammatically incorrect. Such as: *using correct equipment and facilities – there must be available of special equipment where they can doing physical activities, giving them proper training – in order to let child with no leg or not seen they must be trained accordingly to perform their activities, and by supporting them – through establishment of clubs disabilities children where they can doing physical activities together as a team*. Extract 2.1 present a sample of incorrect response from one of candidates.

2	<p>Physical activities is the activities that involve movement of the body from one position to another through sports or exercise.</p> <p>The following are the five way of including children with disabilities in physical activities.</p> <p>To improve physical fitness; Disabilities children should including in physical activities in order to improve physical fitness to make to make strong mind and good appearance of the body.</p> <p>To decrease high emotional stress; Physical activities make disabilities children to feel well mentally and enable to make a good decision making.</p> <p>To reduce weight; Disabilities children should including in physical activities to make constant body condition that enable to move from one position to another due to reduce weight that make them to be tired every time.</p> <p>To make friendship among others; Disabilities people children should including in physical activities in order to make friendship and other children because sport cooperate people of different place in the society</p>	
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Extract 2.1: A Sample of Incorrect Responses to Question 2

In Extract 2.1, the candidate described benefits of participating in physical activities instead of describing ways of including children with disabilities in physical activities.

Furthermore, the analysis of the candidates' responses indicates that, 11.76 per cent of the candidates achieved average performance in this question. This shows that the candidates identified the requirements of the question but they had partial knowledge about the ways of including children with disabilities in physical activities.

Moreover, one candidate (5.89%) who achieved good performance, identified the requirements of the question and provided correct answers about the ways of including children with disabilities in physical activities, but he/she failed to meet the required points hence scored 6 marks. The correct answers they were supposed to provide include: *adapt/acquire appropriate equipment which can facilitate inclusive physical activities, adapt the rules of games to accommodate inclusivity, adapt teaching styles, adapt physical setting/ environment, and provide supportive service such as supportive staff, hearing implant and white cane.*

2.1.3 Question 3: Games and Sports (Soccer)

In this question, candidates were presented with a scenario that “During a football match, one of the players failed to continue with the match after getting an injury”. Then, they were instructed to analyse five safety measures the player would have taken to avoid such injury. This question tested the candidates' knowledge about the safety measures in soccer.

The question was attempted by 17 (100%) candidates. Among them, one candidate (5.88%) demonstrated average performance by scoring 5.5 marks while 16 (94.12%) of the candidates performed well by scoring from 6.0 to 10.0 marks. None of the candidates achieved weak performance in this question. Generally, the performance of candidates in this question was good, since 100 per cent of the candidates scored from 3.5 to 10.0 marks. Figure 3 provides a visual representation of the candidates' performance on this question.

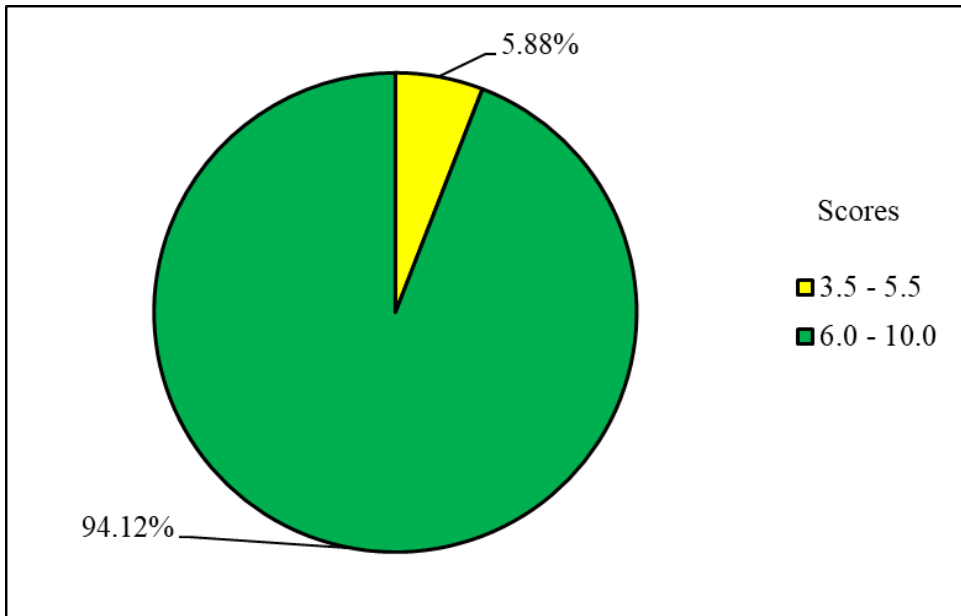


Figure 3: Candidates' Performance on Question 3

The analysis indicates that, candidates with good performance (94.12%) adhered to the requirements of the question and demonstrated adequate knowledge about safety measures to be observed before and during a football match. They analysed five safety measures a player would have taken to avoid injury in a football match. However, within this group candidates' marks varied due to clarity, comprehensiveness and coherence of the candidate presentations. Extract 3.1 shows a sample of the correct responses on question 3.

3	To perform warming up section; One among the safety measure to avoid injury is warming up section, as a player should know the part thing before any exercise, should be perform warming up because can prevent against muscle cramp.	
	To remove all unwanted material in the field of play: Among the safety measure to avoid injury is to make sure the pitch should be clean against all types of waste that may lead to injury.	

3	Fair play : Among the safety measure	
	to avoid injury should be play in fair play	
	and not rough play in order to improve the good relationship between players.	
	To wear proper sport gear ; One among the safety measure to avoid injury or to wear proper sport gear , when a player wear sport gear should be prevent against disease and sometime caused injury .	
	To perform cooling down ; One among the unimportance thing or to perform cooling down , before checking should perform in order to recovery the body through the exercise you do and become in rope .	

Extract 3.1: A Sample of Correct Responses to Question 3

In Extract 3.1, the candidate accurately analysed five safety measures a player would have taken to avoid injury in football match.

On the other hand, candidate who had average performance (5.88%) had partial knowledge about safety measures in football. A candidate provided a mixture of correct and incorrect responses on the safety measures in football and did not meet the required points. Extract 3.2 presents a sample of average responses from the candidate.

3.a)	Proper warm up ; During participation in the match the player must be doing the best warm up the body for stimulation of the different part of the organ for the present period have prepared for doing exercise.	
b)	Proper physical exercise ; Before starting the match the player must be doing the proper physical activities for example participation in the match football match have prepared most part under the able men like physical exercise in feet. This is the process help the player to prevent with some injury.	
c)	Hydration ; Best player must be know that to take intake the plenty water before , during and after the game. The large amount of drink water have to improve the good performance in the different	

Extract 3.2: A Sample of Average Responses to Question 3

In Extract 3.2, the candidate mixed correct and incorrect responses regarding the safety measures a player would have taken to avoid injury in a football match and provided less than the required five points.

2.1.4 Question 4: Sport Organizations and Associations

In this question, the candidates were required to analyse five functions of The National Sports Council (NSC) in Tanzania. The question aimed to evaluate candidates' understanding about functions of Sport Associations.

The question was attempted by 17 (100%) candidates. Among them, 02 candidates (11.76%) scored from 0.0 to 3.0 marks indicating weak performance, 15 candidates (88.24%) scored from 6.0 to 10.0 marks, which is good performance and none of the candidates scored from 3.5 to 5.5 marks. Generally, the performance of candidates in this question was good, as 88.24 per cent of candidates scored from 6.0 to 10.0 marks. Figure 4 depicts candidates' performance in this question.

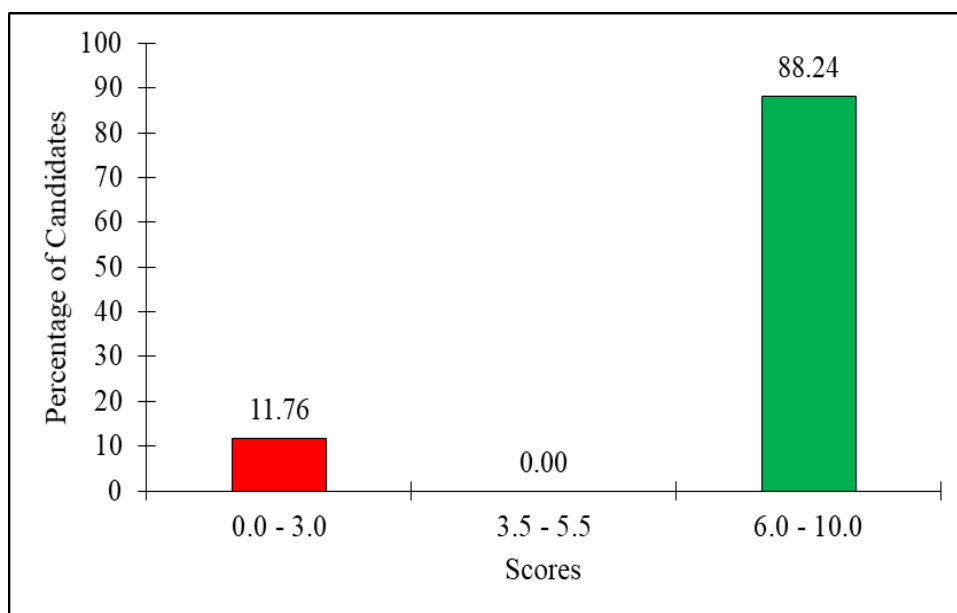


Figure 4: *Candidates Performance on Question 4*

The analysis revealed that candidates who scored from 6.0 to 10.0 marks (88.24%) understood the requirements of the question and had mastered the topic of Sport Organizations and Associations. They analysed five functions of The National Sports Council (NSC) in Tanzania. However, Marks within this group differed depending on the clarity, depth and flow

of candidates' presentations. Extract 4.1 presents a sample of the correct response from one of the candidates.

4.	<p>The National Sports Council (NSC) in Tanzania have the crucial role in sports in the Country. The following are the five functions of National Sport Council in Tanzania:</p> <p>Enforce the rules and regulations are followed in each sports. The National Sport Council have the responsible to enforce that all sports are followed the rules and regulations during the competition and out the competition.</p> <p>Register the sports and Clubs. The National Sport Council have the responsibility of register all new sports applied in Tanzania and Sport Club in order to main the law of Country.</p> <p>Enforce all players of all sports are getting their rights effectively. The National Sports Council has a crucial role on ensuring that all player in all sports registered in the country get their rights correctly.</p> <p>Support and sponsor the sports club. Also National Sports Council suppose to support the clubs especially the young ones which are not developed well by giving them financial support and facilities.</p> <p>Provide rewards. The National Sports Council suppose to provide rewards to the well performance teams or clubs when they compete.</p>	
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Extract 4.1: A Sample of Correct Responses to Question 4

In Extract 4.1, the candidate correctly analysed the functions of The National Sports Council (NSC) in Tanzania.

Further analysis reveals that 11.76 per cent of the candidates who had weak performance provided a limited number of points and included both correct and incorrect responses due to insufficient knowledge about the functions of The National Sports Council (NSC) in Tanzania. Example of their responses is shown in Extract 4.2.

71	National sport council is the sport councils that enable or engage on promoting sports activities in the society	
	The following are the functions of national sport council in Tanzania:	
	Source of employment opportunities; National sport council create job opportunities to the skilled player that enable to get income to drive their life.	
	Source of intertainment; National sport council enable society to enjoy through different sports that enable people to escape from the life stress	
	Source of international relationship; National sport council enable the skilled player to compete with another team from neighboring country that enable to improve friendship between international team.	
	Enhance cooperation within the society; Through national sport council society cooperate with the different sports that increase ^{enhance} sport industry within the national and society.	

Extract 4.2: A Sample of Incorrect Responses to Question 4

Extract 4.2 is part of the incorrect responses in which the candidate explained the importance of sports instead of analysing the functions of The National Sports Council (NSC) in Tanzania.

2.1.5 Question 5: Anatomy and Physiology

In this question, the candidates were presented with a scenario that “A physical education student is required to understand the human anatomy before engaging in any sport”. Then, they were instructed to support this statement with five reasons. This question tested the candidates’ knowledge about the human anatomy in sport.

A total of 17 (100%) candidates attempted this question. The analysis revealed that 02 (11.76%) candidates scored from 0.0 to 3.0 marks, indicating weak performance. 05 (29.41%) candidates scored from 3.5 to 5.5 marks, which is an average performance and 10 (58.83%) of the candidates achieved good performance by scoring from 6.0 to 10.0 marks. The overall performance on this question was good as 88.24 per cent of the candidates scored from 3.5 to 10.0 marks. Figure 5 provides a visual representation of the candidates’ performance on this question.

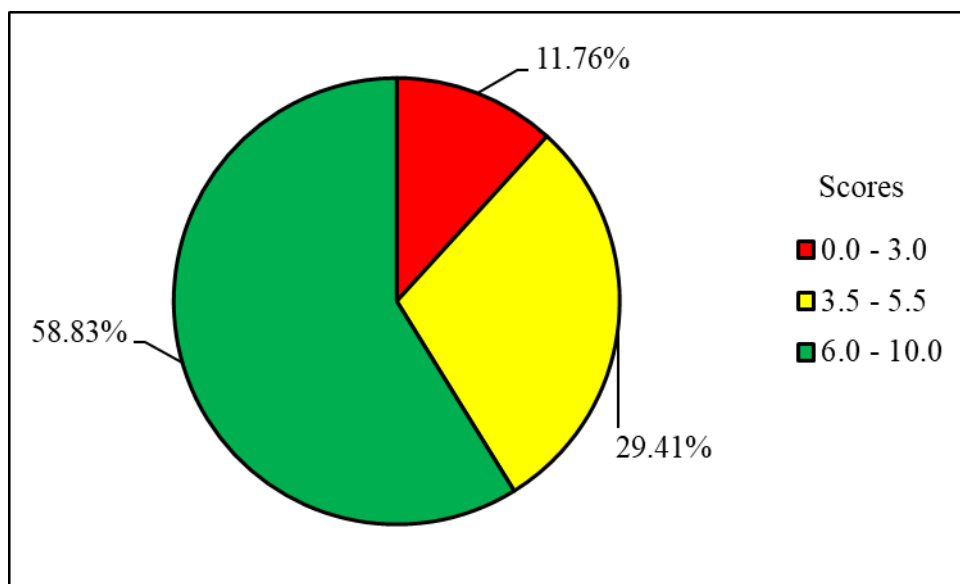


Figure 5: *Candidates’ Performance on Question 5*

The analysis revealed that 58.83 per cent of the candidates who scored from 6.0 to 10.0 marks in this question, effectively adhered to the requirements of the question. These candidates exhibited adequate knowledge, competence and skill about human anatomy in sports. However, Differences in scores arose from variations in presentation clarity, details

and organization. Extract 5.1 shows a sample of the correct responses on question 5.

5	helps in the selection of sport - when you know about human anatomy it helps to choose a sport you like. example if some one is tall can play basketball.
	Enhances skill - understanding anatomy helps to know which muscle to use in sport. and make it easy to train the right body part. example in volleyball you use mostly arms hence help improve the skill.
	it helps to prevent diseases - Also a player by understanding human anatomy can avoid things that make or cause disease or injuries in sport.
	Helps in the preparation of training programs - This help captain or coach to make good training plan to their players because he/she know part of the body to train.
	Helps in providing first aid - text - to understand anatomy helps to provide first aid when someone get injury in the sport. example if a player get muscle injury.

Extract 5.1: A Sample of Correct Responses to Question 5

In Extract 5.1, the candidate provided the correct responses about the importance of understanding human anatomy before engaging in sport.

Analysis also showed that 29.41 per cent of the candidates who got an average performance provided a mixture of correct and incorrect importance of understanding human anatomy in sport. This suggest that they had partial understanding about human anatomy in sport.

Moreover, analysis of candidates' performance revealed that 11.76 per cent of the candidates who scored from 0.0 to 3.0 marks did not meet the demands of the question. These candidates provided irrelevant explanations on the importance of understanding human anatomy before engaging in sport. For example, some of the candidates explained importance of performing physical activities or sports instead of explaining importance of understanding human anatomy in sport. Example of such responses from one of the candidates included: *improve ability to copy with stress, to make students physically fit, provide student to do better academically, mental fitness and provide healthier body and awareness.*

Further analysis shows that poor command of English language was another contributing factor to candidates' weak performance in this question as it hindered their ability to express themselves. This was demonstrated by grammatically incorrect and meaningless sentences provided by some candidates, such as: *Injury prevention – this is the process the players taking education from different part of their organ in the care during physical activities, improves sport skills – the study system of the human body helps the players to enhanced the different skills and techniques that are used in participating the different games and improved body health – the study of human anatomy the structure of the organ of human being helps to promote the body health for doing the different physical activities that are source of building the body.* Extract 5.2, shows a sample of incorrect candidates' responses on question 5.

J	Human anatomy is the branch of science which deals with study of part of the body and their function. This branch of science have many importance to the physical education student. Among the that importance are as follow :-
	Provision of endurance. This help to the student to have endurance of doing exercise during his/her study because they can know how the function and control during the physical activities.
	It help to get knowledge of getting skills. After study this and understand the student can get easy of getting due to the know of performing exercise after know how to train him self and getting skills.
	It help to know the effect of drug abuse to athletes. As we know anatomy is the study of organ and its function so the player can avoid to use drug that can risk his/her body during physical activities.
	It help to maintain agility to the student. This help to the student have fatigue ^{agains} due to participant in physical activities that help to them to practice the exercise including agility after studying anatomy by know how organs function well by do the exercise.

Extract 5.2: A Sample of Incorrect Responses to Question 5

In Extract 5.2, the candidate provided benefits of participating in sports and taking substances in sport instead of explaining importance of understanding human anatomy before engaging in sport.

2.1.6 Question 6: Biomechanics and Kinesiology

In this question, candidates were instructed to describe five mechanical principles which enhance performance in basketball. The question aimed to assess the candidates understanding on the mechanical principles in sports especially in basketball.

The question was attempted by 17 (100%) candidates. Among them 13 candidates (76.47%) scored from 0.0 to 3.0 marks indicating weak performance, 03 candidates (17.65%) scored from 3.5 to 5.5 marks, indicating average performance and one candidate (5.88%) scored 6.0 marks which is good performance. The general performance in this question was weak as 23.53 per cent of candidates scored from 3.5 to 10.0 marks. Figure 6 shows the performance of candidates in this question.

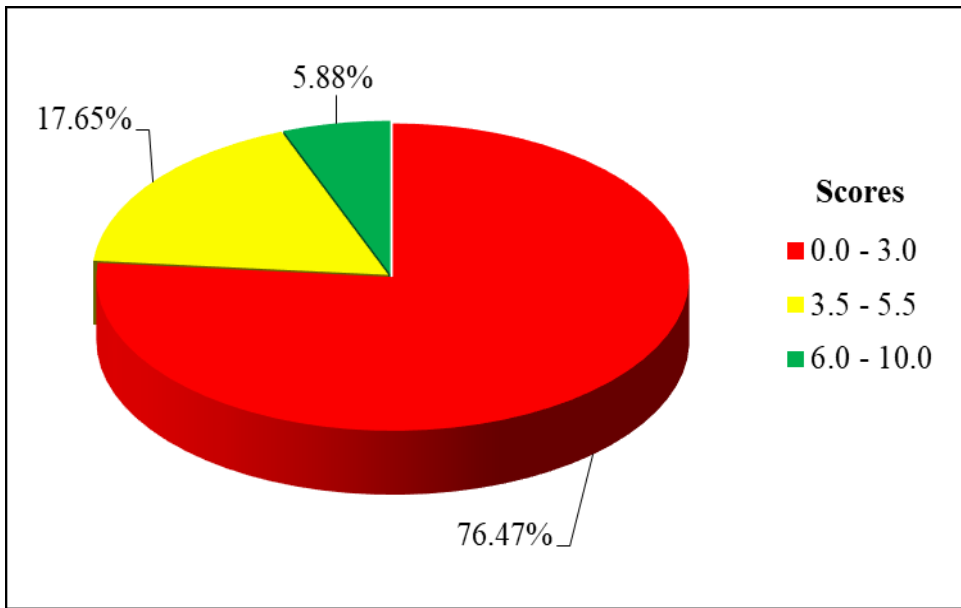


Figure 6: *Candidates' Performance on Question 6*

The analysis of candidates' performance reveals that 76.47 per cent of the candidates who had weak performance in this question failed to identify the requirements of the question hence provided irrelevant responses. For example, one candidate wrote basketball skills instead of describing mechanical principles which enhance performance in basketball. Such responses were: *Dribbling, Footwork* and *passing*.

Others wrote things to consider when preparing the basketball match Such responses were: *basketball court, proper equipment* and *referees*. Likewise, one candidate wrote components of physical fitness which were: *muscular strength, agility, coordination, muscular endurance* and *speed*. Extract 6.1 is another sample of incorrect responses on question 6.

6	<p>Basketball is a game which involve six player of two team which compete against each other to win the game. This game is a contact game, the following are mechanical principle which enhance performance in basketball.</p> <ul style="list-style-type: none"> - During the game, the player should wear appropriate sport gear that involve in basketball game. - The players are not allowed to catch the ball for about five minute - The players should dribble the ball while moving during the game. - The player should pass the ball which playing during the game. - During the game the shooting in the scoring zone make two point and the shooting out of scoring zone enable to get three point
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Extract 6.1: A Sample of Incorrect Responses to Question 6

In Extract 6.1, the candidate described safety measures and the rules of basketball match instead of describing mechanical principles which enhance performance in basketball.

On the other hand, candidates with average performance (17.65%) exhibited a moderate understanding of the mechanical principles which enhance performance in basketball. Many of the candidates understood the demands of the question, their scores remained average due to insufficiency in their responses and others provided incomplete points.

Moreover, one candidate (5.88%) who achieved good performance identified the requirements of the question hence described the mechanical principles which enhance performance in basketball. The candidate scored 6 marks because he/she did not fulfil the required points. The correct answers they were supposed to provide include: *force, balance and*

stability, motion, momentum, principle of lever, center of gravity, direction and friction. Extract 6.2 is a sample of the correct responses on question 6.

06	Mechanical principles which enhance performance in basketball are;
	(i) Balance - balance is when a player keep his body stake during playing. It help to prevent falling when dribbling or shooting.
	(ii) Force - force is the strength we use to do skills during the play in basket ball like shooting or passing the ball. You player apply more force the ball goes at far distance.
	(iii) Motion - in basketball players use motion all the time like running, jumping or turning when dribbling.

Extract 6.2: A Sample of Correct Responses to Question 6

Extract 6.2 is part of the correct responses provided by the candidate on mechanical principles which enhance performance in basketball.

2.1.7 Question 7: Games and Sports (Netball)

In this question, the candidates were presented with a scenario that “A two handed overhead pass in netball is mostly used for passing over a long distance”. Then, they were instructed to identify five procedures which a player should follow to execute this skill effectively. The question aimed to assess the candidates’ understanding on the procedures for executing passing skill in netball.

A total of 17 (100%) candidates attempted this question. The analysis revealed that 03 (17.65%) candidates scored from 0.0 to 3.0 marks, indicating weak performance. 02 (11.76%) candidates scored from 3.5 to 5.5 marks, which is an average performance and 12 (70.59%) of the candidates achieved good performance by scoring 6.0 to 10.0 marks. The overall performance on this question was good as 82.35 per cent of the

candidates scored 3.5 to 10.0 marks. Figure 7 provides a visual representation of the candidates' performance on this question.

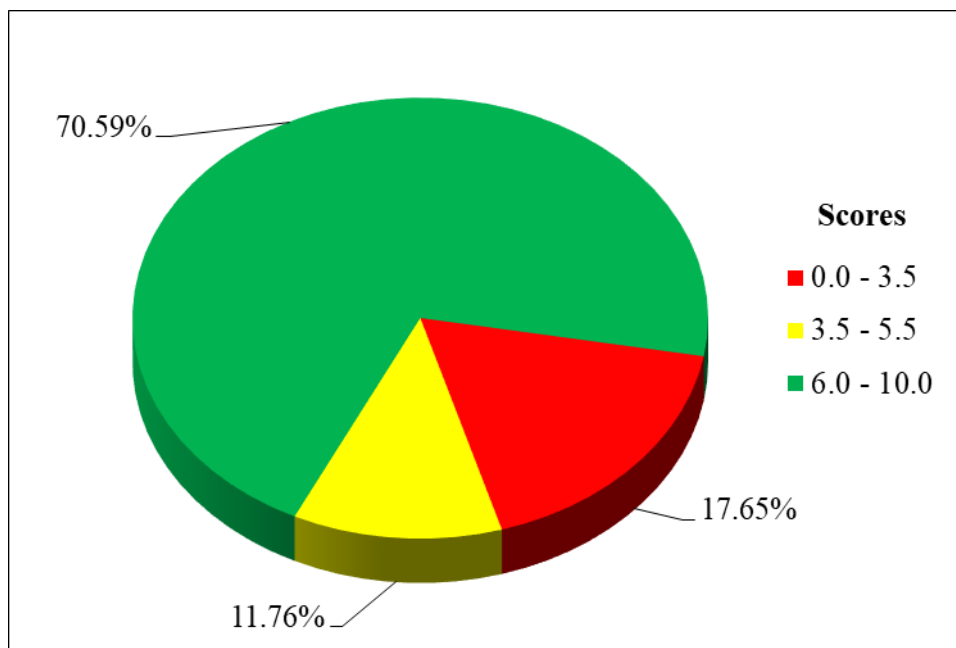


Figure 7: *Candidates' Performance on Question 7*

The analysis revealed that 70.59 per cent of the candidates who scored from 6.0 to 10.0 marks in this question adhered to the requirements of the question. These candidates exhibited good knowledge and competence on the procedures to follow when executing overhead pass in netball. However, within this group candidates' marks varied due to clarity, comprehensiveness and coherence of the candidate presentations Extract 7.1 is a sample of correct responses on question 7.

7	<p>overhead pass. The following are five procedures which a player should follow to execute the skill effectively.</p> <p>Hold the ball by two hands. The first step in which a player must consider in order to execute the two handed overhead pass is holding the ball by two hands while spreading the fingers on the ball.</p> <p>Pass the ball over the head. After holding the ball by two hands the ball must be raised above the head while holding by two hands.</p> <p>Target or aiming his or her teammate. The player must target clearly and watch his or her teammate before releasing in order to deliver the pass clearly.</p> <p>One step forward. To execute the two handed overhead pass the player must go one step forward while his or her eyes are open and the ball is above the head held by two hands.</p> <p>Slight back bending and releasing the ball by follow through it. The player must bend slightly back and then releasing the ball by pointing his or her teammate while his or her hands followed through the ball.</p>
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Extract 7.1: A Sample of Correct Responses to Question 7

In Extract 7.1, the candidate provided the correct procedures to follow when executing a two handed overhead pass in netball.

Analysis also showed that 11.76 per cent of the candidates who scored average performance provided a mixture of correct and incorrect procedures to follow when executing overhead pass in netball. This suggest that they had a partial understanding of the procedures to follow when executing passing skill in netball.

Moreover, analysis of candidates' performance revealed that 17.65 per cent of the candidates who had weak performance in this question had inadequate knowledge about the procedures to follow when executing two handed overhead pass in netball hence provided incorrect responses. Example of such responses from one of the candidates include: *perform proper warm up and stretching, inspecting the court and equipment, stance, catch the ball by using palm and fingers between two hands, and throw by using fingers.*

Further analysis shows that poor command of English language was another contributing factor to candidates' weak performance in this question as it hindered their ability to express themselves. This was demonstrated by grammatically incorrect and meaningless sentences. Such as: *Catching the ball with two fingers – player must catching the ball effectively in the arm by two hand for starting to perform the skills, the eye must faced forward for vision – player must watched forward in order to see where pass is going to cross during perform this skill, the leg must stay parralell at same stance followed by moving one forward and another at backward during releasing the ball effectivelly, the hands must be over the head – this maintained by player the player to push the ball over the head, follow throw – is the last execution of releasing the ball by the player leg to be forward with one leg and remain leg at the back ward where the hands are follow both forward during releasing the ball to the opponent.*

Extract 7.2 shows a sample of incorrect responses on question 7.

71	<p>Netball is a non contact game with two team of seven player. The goal of this game is shoot the ball in goal ring in order to get a point. A two handed overhead pass in netball is mostly used for passing over a long distance. To identify five procedure or follows:</p> <p>The ball must be over the head or hands. This is the skills the overhead pass in two handed must be thrown in a long distance in order to performed very well in the game.</p> <p>The handed must be back to the head. This is the skills of the overhead pass in two handed assist the ball</p>
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71	to move in a high speed movement in order to achieve safely to another team mates,	
	To be dance position; This is the best skills in the over headed pass the performer must be in dance position in order to give a ball to another team mate in a good condition.	
	Focus of the eyes to another player; This is the best process skills the performer should be to focus the ball give to another team mates for focus to the eyes in order to make a better passing.	
	Follow through position; This is the process of the coordination of both handed and one leg for pushing a forward in order to support the ball to moves to another team mates.	

Extract 7.2: A Sample of Incorrect Responses to Question 7

In Extract 7.2, the candidate provided the incorrect procedures to follow when executing a two handed overhead pass in netball.

2.2 Section B: Essay Questions

This section comprises of three (3) essay questions. The candidates were instructed to answer only two (2) questions. Each question carried 15 marks, making a total of 30 marks in this section.

2.2.1 Question 8: History and Development of Physical Education

In this question, the candidates were presented with a scenario that “The Kisumu District Commissioner has been emphasizing people to participate in physical activities for healthy body and mind”. Then, they were instructed to explain six reasons for this emphasis. The question tested the candidates understanding about the benefits of participating in physical activities.

A total of 15 (88.24%) candidates responded to the question. There was no weak performance on this question. Furthermore, the analysis of the candidates’ performance shows that 04 (26.67%) candidates scored from 5.5 to 8.5 marks, indicating average performance. 11 (73.33%) candidates

scored from 9.0 to 15.0 marks which is good performance. The overall performance on this question was good, as 100 per cent of the candidates passed by scoring 5.5 to 15.0 marks. Figure 8 provides a visual representation of the candidates' performance on this question.

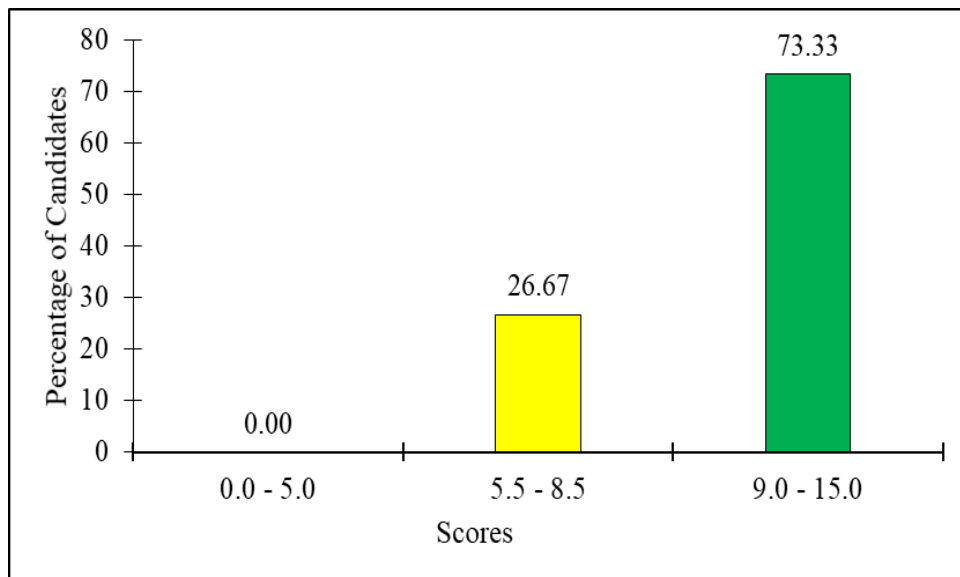


Figure 8: *Candidates' Performance on Question 8*

The analysis of the candidates' performance reveals that the candidates who scored good performance (73.33%) adhered to the requirements of the question and demonstrated adequate knowledge about the benefits of participating in physical activities. They accurately explained six reasons of emphasizing people to participate in physical activities. Extract 8.1 shows a sample of the correct responses on question 8.

S.	<p>Physical activities are very important to the people for their healthy and bodies and minds. Therefore there are many reasons on why it's important to the people, among them are as follows:</p>	
	<p>It remove stress. The Kisumu District Commissioner has been emphasizing people to participate in physical activities for healthy body and mind because he know as physical activities remove stress. So that when you doing physical activities such as playing football and basketball, you will concentrated in play and you will forget about anything that you were experience in your daily life.</p>	
	<p>It help you to be creative mind. Only mind of a person who doing physical activities will be creative because he or she can not get stress and also will be mental fit. So that he or she can be have creative mind that will help him or her in the studies and living in daily life.</p>	
	<p>It improve health. The body of physical activities doing will be have good health. This is because during physical activities such as running, high amount of fat are burned that will help you in getting diseases.</p>	
	<p>It improve performance. Performance will be not improved if you do not doing physical activities that why until today Lionel Messi and Cristiano Ronaldo are doing exercise even if they have good performance.</p>	
	<p>It help to avoid diseases. There are many diseases that can be avoided through participating in physical activities. This is because your body will have no fats which have no works in the body and finally you will be good health physical and mental. So that your body cell will have energy to fighting against bacteria.</p>	
	<p>It promote physical fitness. Your body will be physical fit. also you will have good balance and finally your body will have strength. So that after be with strong body, balance and good health, automatically your body will be promoting to physical fitness.</p>	

Extract 8.1: A Sample of Correct Responses to Question 8

In Extract 8.1, the candidate explained correctly the benefits of participating in physical activities.

On the other hand, the analysis showed that 26.67 per cent of the candidates who had average performance identified the demands of the question. The majority of these candidates had moderate knowledge about the benefits of participating in physical activities. Some of them managed to score marks from the introductory part and few correct points they provided. However, the main reason for them to score average marks was mixing correct and incorrect responses.

2.2.2 Question 9: Track and Field Events

In this question, candidates were presented with a scenario that “You are appointed to prepare a training program for acceleration phase in the 5,000m running race”. Then, they were instructed to propose five techniques they will include in their program. The question tested the candidates understanding about the techniques of long distance running specifically on the acceleration phase.

The question was attempted by 06 (35.29%) candidates. All candidates, (100%) scored from 0.0 to 5.0 marks, indicating weak performance. Generally, the performance of candidates in this question was weak as 100 per cent of the candidates scored from 0.0 to 5.0 marks. Figure 9 provides a visual representation of the candidates’ performance on this question.

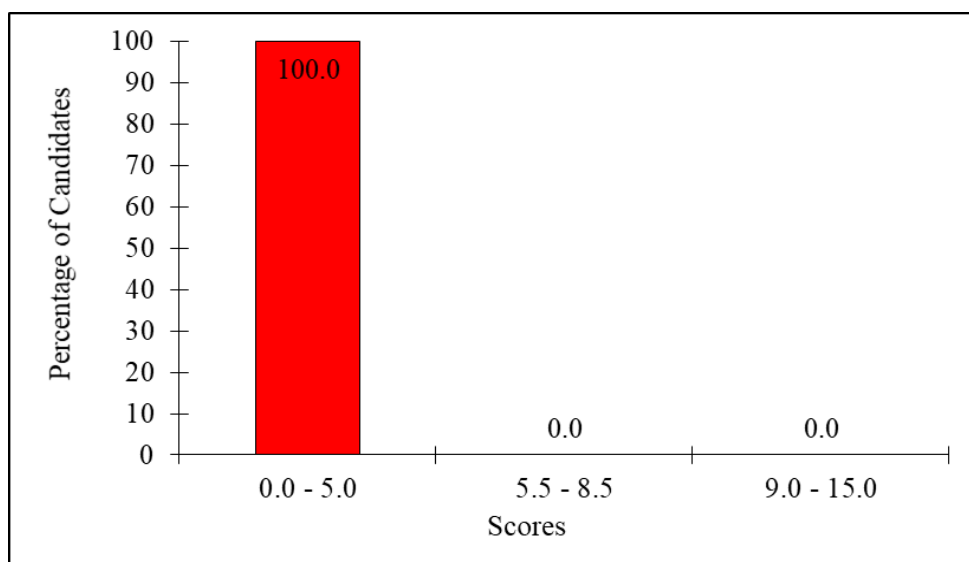


Figure 9: Candidates’ Performance on Question 9

The analysis of candidates' performance shows that none of the candidates achieved an average or good performance in this question, as they were unable to provide the correct techniques for performing acceleration phase in 5,000m running race. The correct answers they were supposed to provide include: *stride length and frequency, control the posture by leaning forward slightly, arms should move in a coordinated alternate action with the legs, control the breathing when running and heel recovery in order to avoid hamstring injuries.*

Analysis also showed that 100 per cent of the candidates who had weak performance failed to identify the requirements of the question and had insufficient knowledge about long distance running techniques which led them to provide irrelevant responses. For instance, one candidate explained about safety measures to be observed when performing 5,000m running race instead of explaining techniques to follow when executing acceleration phase in 5,000m running race. Such responses were: *wearing proper sport gears, remove all unwanted materials, doing proper warming up and proper cooling down.* Other candidates explained things to consider for maintaining an athletes' health and fitness level. Such as: *gradual training, sleeping on time, health checkup and eating balanced diet.*

Another contribution factor to weak performance was misinterpretation of the words used in the question. For example, one candidate misinterpreted the term "prepare" within the context of prepare training program. Consequently, he/she proposed things to prepare and consider before conducting the training program. Such responses were: *preparation of environment, climatic condition, security, good facilities, equipment and qualified leader.* Extract 9.1 is another sample of incorrect responses from one of the candidates on question 9.

9.	<p>Athletics is the ability of body that test a runner speed, also with preparing for training program for acceleration phase in 5,000 m running race. The following are the five techniques in 5000m running race among them are;</p> <p>Starting command; One among the techniques in 5,000 m running race is starting with commands for the short race constant (3) commands there are; on your mark, set and go / gun but in long race constant in two (2) commands only there are set and go / gun.</p> <p>Acceleration; One among the techniques in 5,000 m running race is an acceleration or a motion when the runner running, should follow the step of running in order to be the winner of the competition.</p> <p>Sprinting; One among the techniques in 5,000m running race is sprinting for how, when you are ready starting with command, accelerate and sprinting when the funnel see should be running in very high speed as a term of sprinting.</p> <p>Footwork; One among the techniques in 5,000 m running race is footwork, when the runner running in speed her / her footwork help in order to win the competition.</p> <p>Finishing; One among the techniques in 5,000 m running race is finishing, when finishing occur should follow the rules and regulation should be finishing with chest or head in first then you finish in whole body.</p>
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Extract 9.1: A Sample of Incorrect Responses to Question 9

In Extract 9.1, the candidate provided general running skills used in 5,000m race with meaningless explanations instead of providing techniques for performing acceleration phase in 5,000m running race.

2.2.3 Question 10: Games and Sports (Basketball)

In this question, the candidates were presented with the scenario that “Fidodido team players were the most valuable during the Uzalendo Cup basketball tournament because they were competent in basketball skills”. Then, they were instructed to analyse six fundamental skills they might have applied. The question tested the candidates understanding about basketball skills.

A total of 13 (76.47%) candidates attempted this question. The analysis revealed that 02 (15.38%) candidates scored from 0.0 to 5.0 marks, indicating weak performance. 02 (15.38%) candidates scored from 5.5 to 8.5 marks, which is an average performance and 09 (69.24%) candidates achieved good performance by scoring from 9.0 to 15.0 marks. The overall performance on this question was good as 84.62 per cent of the candidates scored from 5.5 to 15.0 marks. Figure 10 provides a visual representation of the candidates’ performance on this question.

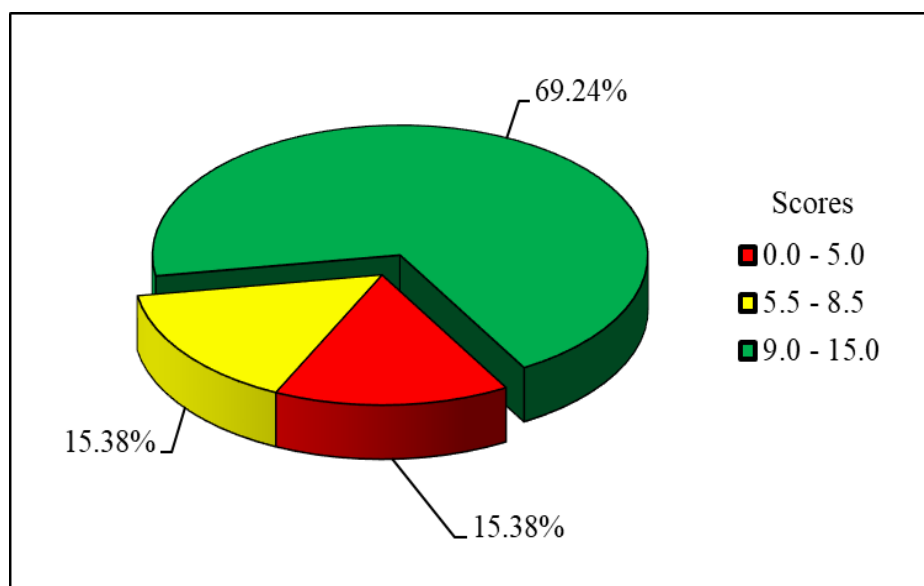


Figure 10: *Candidates’ Performance on Question 10*

The analysis indicates that, candidates with good performance (69.24%) adhered to the requirements of the question and demonstrated adequate knowledge about the fundamental skills in basketball. They analysed six fundamental skills which players might have applied during the basketball tournament. However, Marks within this group differed depending on the

clarity, depth and flow of candidates' presentations. Extract 10.1 shows a sample of the correct responses on question 10.

10	<p>Basketball is a ball game where two teams of five player each team compete each other using hand as to score a goal on basket. The following are fundamental skills of basketball that might have applied that are:-</p> <p>Passing: This is types of skills where the player hold the ball and pass to teammate player by using different pass like chest pass, As to move forward the ball to win the competition.</p> <p>Shooting: This is types of skills where the player throw the ball to the basket as to score the goal, Player can apply the shooting skills like jump-shot.</p> <p>Dribbling: This is types of skills where the player bounce the ball while move forward or stand for the aim to score the goal or pass the pass ball to teammate as to win the competition.</p> <p>Receiving: This is types of skills where the player receive the ball from teammate while straight his/her arm to hold the ball according to the types of receiving like one-hand receive.</p> <p>work Foot-work (Stance): This is types of skills where the player use his foot to apply well other skills during the game like bend the leg to get more stability example player move one leg forward when</p>
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Extract 10.1: A Sample of Correct Responses to Question 10

Extract 10.1, is part of the correct responses in which the candidate analysed fundamental skills which the players might have applied during the basketball tournament.

Analysis also showed that 15.38 per cent of the candidates who got an average performance demonstrated moderate knowledge about the fundamental skills in basketball. They mixed some correct and incorrect basketball skills. However, some of their responses were insufficient to meet the requirements of the question. In addition, they did not provide clear explanations for some of the points and scored average marks.

Moreover, analysis of candidates' performance revealed that 15.38 per cent of the candidates who had weak performance in this question provided irrelevant responses due to inability to understand the requirements of the question and insufficient knowledge about the fundamental skills in basketball. For example, one of the candidates provided types of passes used in basketball instead of analysing fundamental skills used in basketball. Such responses were: *overhead pass*, *bounce pass*, *shoulder pass* and *chest pass*. Likewise, others listed skills without providing explanations, which indicates that they faced challenges with the English language that hindered their ability to express themselves.

3.0 ANALYSIS OF CANDIDATES' PERFORMANCE IN EACH TOPIC

Physical Education Advanced Certificate of Secondary Education Examination (ACSEE) theory paper 2025, had 10 questions which were constructed from seven (7) out of 11 topics. The analysis of the candidates' responses in each topic shows that the candidates scored good performance in three (03) topics which are: *Games and Sports (88.99%)*, *Sport Organizations and Associations (88.24%)* and *Anatomy and Physiology (88.24%)*. The candidates performed well in these topics because of their ability to follow the instructions, identify the demands of the questions and good mastery of the subject matter.

The analysis reveals that candidates' performance in the topic of *History and Development of Physical Education* was average, with a score of 58.83 per cent. This performance suggests that candidates had partial knowledge of this topic.

The candidates' performance was weak in three (03) topics which are: *Biomechanics and Kinesiology (23.53%)*, *Management and Administration of Sport (11.76%)* and *Track and Field Events (0.00%)*. The weak

performance in these topics was attributed to inadequate knowledge of the subject matter tested, misconceptions, failure to identify the requirements of the question and poor mastery of the English language particularly in sentences construction. Further details on candidates' performance across different topics are summarized in the Appendix.

4.0 CONCLUSION AND RECOMMENDATIONS

4.1 Conclusion

The general analysis of the candidates' performance indicated that 100 per cent of the candidates successfully passed in ACSEE 2025 examination. Out of the 07 topics examined, 03 topics had good performance, 01 topic had an average performance and 03 topics had weak performance.

4.2 Recommendations

To improve the performance levels of candidates in Physical Education examinations, the following recommendations should be considered:

- (a) Teachers are advised to apply a variety of effective instructional methods, such as guided practice, group discussions, demonstrations, think-pair-share and scenario-based learning to improve students' comprehension and competence, especially in the topics of *Biomechanics and Kinesiology, Management and Administration of Sport and History and Development of Physical Education*.
- (b) Before sitting for examinations, students need to be trained on how to fully understand the requirements of each question, since misunderstanding of the questions contributed to poor performance.
- (c) Integrating Physical Education specific vocabulary into daily teaching and learning activities will enable students to develop the language skills required to understand and answer examination questions confidently.
- (d) Students need to be supported in practising English language during their daily interactions, which will improve their fluency and ability to answer examination questions effectively. This need arises from evidence of weak expression skills from some candidates.

APPENDIX: SUMMARY OF CANDIDATES' PERFORMANCE PER TOPIC

S/N	Topic	Question Number	Percentage of the Candidates who Scored the average of 35% or above	Average performance in each topic	Remarks
1	Games and Sports (Soccer, Netball and Basketball)	3	100	88.99	Good
		7	82.35		
		10	84.62		
2	Sport Organizations and Associations	4	88.24	88.24	Good
3	Anatomy and Physiology	5	88.24	88.24	Good
4	History and Development of Physical Education (Development of Physical Education and Adapted Physical Education)	2	17.65	58.83	Average
		8	100		
5	Biomechanics and Kinesiology	6	23.53	23.53	Weak
6	Management and Administration of Sport	1	11.76	11.76	Weak
7	Track and Field Events	9	0.00	0.00	Weak